BIOGRAPHICAL SKETCH

Provide the following information for the Senior/key personnel and other significant contributors in the order listed on Form Page 2. Follow this format for each person. **DO NOT EXCEED FOUR PAGES.**

<table>
<thead>
<tr>
<th>NAME</th>
<th>POSITION TITLE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cynthia A. Berg</td>
<td>Professor of Psychology</td>
</tr>
</tbody>
</table>

ERa COMMONS USER NAME (credential, e.g., agency login)

**EDUCATION/TRAINING** *(Begin with baccalaureate or other initial professional education, such as nursing, include postdoctoral training and residency training if applicable.)*

<table>
<thead>
<tr>
<th>INSTITUTION AND LOCATION</th>
<th>DEGREE (if applicable)</th>
<th>MM/YY</th>
<th>FIELD OF STUDY</th>
</tr>
</thead>
<tbody>
<tr>
<td>University of Washington, Seattle, WA</td>
<td>B.S.</td>
<td>1981</td>
<td>Psychology</td>
</tr>
<tr>
<td>Yale University; New Haven, CT</td>
<td>M.S.</td>
<td>1984</td>
<td>Developmental Psychology</td>
</tr>
<tr>
<td>Yale University, New Haven, CT</td>
<td>M. Phil.</td>
<td>1985</td>
<td>Developmental Psychology</td>
</tr>
<tr>
<td>Yale University, New Haven, CT</td>
<td>Ph.D.</td>
<td>1987</td>
<td>Developmental Psychology</td>
</tr>
</tbody>
</table>

**NOTE:** The Biographical Sketch may not exceed four pages. Follow the formats and instructions on the attached sample.

A. **Personal Statement**

I am a life-span developmental health psychologist specializing in how adolescents and emerging adults manage their diabetes and other chronic illnesses (e.g., cancer) in the context of their family and friend relationships. My research examines how parents and spouses may facilitate or derail diabetes management and adjustment to cancer, publishing extensively in this area in the top journals in my field. I have extensive experience examining family processes involved in supporting self-regulation during adolescence and emerging adulthood. I have expertise conducting longitudinal research and daily diary protocols in adolescent diabetes management funded by NIDDK. My research examines diabetes management during adolescence (funded by NIDDK), emerging adults with type 1 diabetes (topic of current R01 funded by NIDDK) and collaborative processes among healthy adults across the life span (funded by NIA) as well as couples coping with cancer. I have extensive experience mentoring students, postdoctoral fellows, and junior faculty members. I have received two mentoring awards for my work in this area (the Graduate Student and Postdoctoral Scholar Distinguished Mentor Award from the University of Utah and the American Psychological Association’s Division 20’s 2007 Retirement Research Foundation Master Mentor Award). Further, I have extensive administrative experience in managing multi-site projects (in addition to my formal administrative roles as Chair of Psychology and Interim Dean of the College of Social and Behavioral Science).

B. **Positions and Honors**

**PROFESSIONAL EXPERIENCE**

<table>
<thead>
<tr>
<th>Year</th>
<th>Position Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>1987-1992</td>
<td>Assistant Professor, Department of Psychology, University of Utah</td>
</tr>
<tr>
<td>1992-2001</td>
<td>Associate Professor, Department of Psychology, University of Utah</td>
</tr>
<tr>
<td>2001 -</td>
<td>Professor, Department of Psychology, University of Utah</td>
</tr>
<tr>
<td>2008-2011</td>
<td>Chair, Department of Psychology</td>
</tr>
<tr>
<td>2013-2014</td>
<td>Interim Dean, College of Social and Behavioral Science</td>
</tr>
</tbody>
</table>
Honors
Fellow, Division 20, American Psychological Association
Fellow, Gerontological Society of America.
Graduate Student and Postdoctoral Scholar Distinguished Mentor Award, University of Utah, 2006.
Division 20's 2007 Retirement Research Foundation Master Mentor Award.
College of Social and Behavior Science’s Superior Research Award, 2008.
Irwin Altman Award for Distinguished Research, Teaching, Mentoring, & Service, 2012.

C. Selected Peer-reviewed Publications (15 selected from over 100 publications)


D. Research Support

**Ongoing Research Support:**

R01DK092939, Cynthia A. Berg (MPI with Deborah Wiebe) 7/01/2011 - 6/30/2016
National Institutes of Diabetes and Digestive and Kidney Disorders
A Self-Regulation Approach to Diabetes Adherence Into Emerging Adulthood
Goal: To examine how parental involvement may be especially important for adolescents who experience poor regulatory and executive function abilities as they emerge into adulthood and take greater independent responsibility for their chronic illness.
25% effort, academic year.

Huntsman Cancer Institute, PI 7/01/2012-6/30/2014
Dyadic Treatment Decision Making for Prostate Cancer in Couples
Goal: To examine how men recently diagnosed with localized prostate cancer and their female partners utilize information to make treatment decisions for prostate cancer.
5% effort, academic year.

**Completed Research Support:**

RO1 DK063044, co-PI, Wiebe (PI), 8/01/2005 – 7/31/2010 (no cost extension to 2011)
NIH/NIDDK
Parental Involvement in Diabetes Care across Adolescence
Goal: To understand how children with type 1 diabetes and their parents and health care providers manage diabetes across the transition into adolescence.

R01 AG18903, co-PI, T. Smith (PI), NIH/NIA
“Hostility, Marital Interaction and Health in Aging” 6-1-2001-5-30-2006
Goal: To understand how hostility in marital conflict and collaboration may be associated with cardiovascular disease.

R01-AG022095
NIH/NIA, co-Investigator, K. Smith (PI)
“The Utah study of fertility, longevity, and aging” 2002-2006.

HD25728
NIH /NICHD, co-PI, Sansone (PI)
"Context and Planning Across Development." 1-1-89 to 12-31-1992
Goal: To understand how individuals across the life span plan to avoid everyday problems.

**Pending**

NIDDK, MPI with V. Helgeson
Self-Regulation and Collaborative Coping with Type 1 Diabetes Over the Life Span
Goal: To understand how intimate partners facilitate diabetes management across the life span.